

**Report of Head of Democratic Services**

**Report to Scrutiny Board (Adults, Health and Active Lifestyles)**

**Date: 20<sup>th</sup> October 2020**

**Subject: Leeds Adult Mental Health Services**

Are specific electoral wards affected?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
If yes, name(s) of ward(s):	
Has consultation been carried out?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Are there implications for equality and diversity and cohesion and integration?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Will the decision be open for call-in?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Does the report contain confidential or exempt information?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
If relevant, access to information procedure rule number:	
Appendix number:	

**1. Purpose of this report**

- 1.1 The Scrutiny Board (Adults, Health and Active Lifestyles) had previously expressed an interest to monitor progress against a number of adult mental health related issues that had been considered as part of its work programme last year.
- 1.2 However, the importance of good mental health and wellbeing has also been acknowledged more broadly linked to the Board's ongoing focus surrounding the work of the Council and its partners in supporting service users and stakeholders across the health and care system during the Covid-19 pandemic.
- 1.3 The Scrutiny Board therefore agreed to utilise its October 2020 meeting to discuss the current impacts and future implications of Covid-19 on local mental health services across the city, including those considered by the Board last year.

**2. Background information**

- 2.1 During the last municipal year, the Scrutiny Board considered the following mental health related issues and gave a commitment to maintain a watching brief in terms of progress:
  - **Leeds Mental Health Strategy** - The Board considered the development of the Leeds Mental Health Strategy at its meeting in September 2019 and expressed an interest to maintain a watching brief in terms of the delivery of this Strategy.

- **Leeds Mental Wellbeing Service** - During 2018/19 and 2019/20, the Board was involved in the review and redesign of the Improving Access to Psychological Therapies (IAPT) services in Leeds. Following this review and the associated procurement of a new service offer, the Leeds Mental Wellbeing Service was established. The Scrutiny Board received a report on this matter in October 2019 and requested to receive a further update, after the planned public launch of the new service in April 2020, on progress surrounding the new arrangements and also the associated success measures.
- **Mental Health Services for Adults and Older People in Wetherby** - During 2018/19, the Scrutiny Board was made aware of proposed changes to mental health services for adults and older people in Wetherby. These changes formed part of a broader set of proposals brought forward by NHS Harrogate and Rural District CCG. The proposals were formally considered by the Scrutiny Board in July 2019 and the outcome of public consultation and engagement, along with a corresponding action plan, was reported back to the Board in January 2020. At that stage, the Board requested to receive a further update on the implementation of the proposals and progress against the action plan during autumn 2020.

2.2 This year the Covid-19 pandemic has inevitably had an impact on the mental health of the population and so Board Members requested an update on the current impacts and future implications of Covid-19 on local mental health services that would capture the above issues too.

### 3. Main issues

3.1 During today's meeting, the Board will be receiving a presentation from the NHS Leeds Clinical Commissioning Group setting out what is currently known about the impacts of Covid-19 on mental health (including on service provision) both nationally and locally; what the achievements have been to date; and further work planned to support good mental health and wellbeing and access to high quality services as the pandemic continues.

3.2 The following update reports have also been provided for the Board's information:

Appendix 1 – Report of the Director of Adults and Health on the implementation of the Leeds All Age Mental Health Strategy (*including a copy of the Leeds Mental Health Strategy 2020-2025*).

Appendix 2 – Report of the Executive Director of Operations (Leeds Community Healthcare NHS Trust) and Head of Service (Leeds Mental Wellbeing Service) on the Leeds Mental Wellbeing Service and the impact of Covid-19.

Appendix 3 - Report of the Director of Operations North Yorkshire and York on the progress made in implementing the new enhanced community model for Adult Mental Health (AMH) and Mental Health Services for Older People (MHSOP) as part of the Harrogate and Rural District Transformation programme with particular emphasis on Wetherby.

## **4. Corporate considerations**

### **4.1. Consultation and engagement**

- 4.1.1 An invitation to this meeting has been extended to the Executive Board Member for Adults, Health and Active Travel; the Director of Adults and Health; other relevant senior officers within the Council and representatives from across local NHS bodies.

### **4.2. Equality and diversity / cohesion and integration**

- 4.2.1 The Scrutiny Board Procedure Rules state that, where appropriate, all work undertaken by Scrutiny Boards will ‘...review how and to what effect consideration has been given to the impact of a service or policy on all equality areas, as set out in the Council’s Equality and Diversity Scheme’.
- 4.2.2 The Scrutiny Board may therefore wish to explore any specific Equality and Diversity issues relating to this matter.

### **4.3. Council policies and the Best Council Plan**

- 4.3.1 The terms of reference of the Scrutiny Boards promote a strategic and outward looking Scrutiny function that focuses on the best council ambitions and objectives.
- 4.3.2 The Leeds Health and Wellbeing Strategy provides a framework for improving health and for making Leeds the best city for health and wellbeing. In response, the Leeds Mental Health Strategy particularly sets out how to achieve this vision for mental health, so that ‘Leeds will be a Mentally Healthy City for everyone’.

#### Climate Emergency

- 4.3.3 The Scrutiny Board may wish to consider any specific climate emergency or sustainability issues relating to this matter.

### **4.4. Resources, procurement and value for money**

- 4.4.1 The Scrutiny Board may wish to consider any specific resource, procurement or value for money matters associated with this matter.

### **4.5. Legal implications, access to information, and call-in**

- 4.5.1. This report has no specific legal implications.

### **4.6. Risk management**

- 4.6.1 The details in this report relate to external organisations, which may be subject to other considerations relating to risk management. Specific matters may need to be taken into account if any additional scrutiny activity is deemed appropriate.

## **5. Conclusions**

- 5.1. The Scrutiny Board agreed to utilise its October 2020 meeting to receive an update on the current impacts and future implications of Covid-19 on local mental health services across the city and which would also capture the specific mental health issues considered by the Board last year.

5.2. As well as receiving a presentation from the NHS Leeds Clinical Commissioning Group, a number of update reports (as referenced in paragraph 3.2) have also been appended for the Board's information.

## **6. Recommendations**

6.1. The Scrutiny Board is asked to consider and comment on the information appended to this report as well as presented during the meeting; identifying any additional actions and/or matters that may require further scrutiny input or activity.

## **7. Background documents<sup>1</sup>**

7.1. None.

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<sup>1</sup> The background documents listed in this section are available to download from the council's website, unless they contain confidential or exempt information. The list of background documents does not include published works.